

Breast Exam Scheduling Guide

FOR FEMALE PATIENTS

Patient Age	Patient History		Recommended Exams		
	Asymptomatic	Symptomatic	Screening or Diagnostic	Modality	Exam Description
39 yrs and older	Routine Annual Exam (No Breast Symptoms)		Screening	MG	3D Tomosynthesis (77063), Bilateral
	Routine Annual Exam With Breast Implants (No Breast Symptoms)		Screening	MG	3D Tomosynthesis (77063), Bilateral
	Family History of Breast CA or High Risk of Breast CA		Screening	MG	3D Tomosynthesis (77063), Bilateral
	Dense, Fibrocystic, Diffuse Cystic Mastopathy breast tissue		Screening	MG	3D Tomosynthesis (77063), Bilateral
	Personal History of Breast CA >3 years		Screening	MG	3D Tomosynthesis (77063), Bilateral- <i>Lumpectomy</i> or 3D Tomosynthesis (77063), Unilateral- <i>Mastectomy</i>
30-38 years old	High Risk for Breast CA (Full personal/family HX needs to be included on the order for risk evaluation)	(Include patient personal lifetime risk score on order).	Screening	MG	3D Tomosynthesis (77063), Bilateral
30 yrs and older	Personal History of Breast CA <3 years		Diagnostic	MG	3D Tomosynthesis Diagnostic Mammogram (77062), Bilateral- <i>Lumpectomy</i> or 3D Tomosynthesis Diagnostic Mammogram (77061), Unilateral- <i>Mastectomy</i>
	Lump or Mass (Provide o'clock position) Focal Pain-Noncyclical (Provide o'clock position) Implant Rupture (Saline only)		Diagnostic	MG	3D Tomosynthesis Diagnostic Mammogram (77062)
				US	Ultrasound Breast, Limited (76642) (Affected Side(s))
	Generalized/Diffuse Pain or Burning (No Palpable Mass)		Diagnostic	MG	3D Tomosynthesis Diagnostic Mammogram (77062)
				US	Ultrasound Breast, Complete (76641) (Affected Side(s)) Note: If the patient has had a negative screening in the last 6 months, only US is needed.
	Nipple symptoms: Retraction (New Onset Only) or Spontaneous Nipple Discharge (Clear or Bloody)		Diagnostic	MG	3D Tomosynthesis Diagnostic Mammogram (77062), Bilateral
				US	Ultrasound Breast, Limited (76642) (Affected Side(s))
	Symptoms of Mastitis (Inflammation/ Infection)		Diagnostic	MG	3D Tomosynthesis Diagnostic Mammogram (77062), Bilateral
				US	Ultrasound Breast, Limited (76642) (Affected Side(s))
29 yrs and Younger		Lump or Mass (Provide o'clock position) Focal Pain-Noncyclical (Provide o'clock position) Nipple Symptoms Implant Rupture (Saline only)		US	Ultrasound Breast, Limited (76642) (Affected Side(s)) Note: Radiologist will make recommendation for MG or other exam, if required, based upon US

Any outstanding recommendations from an outside facility, that needs to establish breast care at IHS, will need a Bilateral Diagnostic Mammogram and an US Limited order with the area of concern noted. Patient with outstanding biopsy or surgical recommendations will not be able to establish breast care at IHS.

Breast MRI Scheduling Guide

FOR MRI PATIENTS

Patient History			Recommended Exams		
Patient Age	Asymptomatic	Symptomatic	Screening or Diagnostic	Modality	Exam Description
No Age Restrictions	High Risk Screening Genetic Markers Family HX Dense Breast Personal HX of breast cancer > 3 years		Screening	MRI	MR screening breast bilateral w/wo contrast (77059) MR screening breast bilateral implants w/wo contrast (77059)
No Age Restrictions		New or recent DX of breast cancer Following up an imaging finding Personal HX Palpable Lump/Mass Nipple Symptoms Focal Pain	Diagnostic	MRI	MR Diagnostic breast bilateral w/wo contrast (77059) MR Diagnostic breast bilateral implants w/wo contrast (77059)
No Age Restrictions		Implant rupture (Silicone only) *Saline implants require an ultrasound and diagnostic mammogram	N/A	MRI	MR breast bilateral implant w/o contrast (77059)

All necessary priors will be needed to schedule any MRI breast appointment. All patients will require a MG and US completed at IHS prior to scheduling a Diagnostic MRI of the breast.



Breast Exam Scheduling Guide

FOR MALE PATIENTS

Patient History			Recommended Exams		
Patient Age	Asymptomatic	Symptomatic	Screening or Diagnostic	Modality	Exam Description
24 yrs and Younger		Palpable Lump/Mass Nipple Symptoms Gynecomastia	Diagnostic	US	Ultrasound Breast, Limited (76642) (Affected Side(s)) (Technologist will scan the contralateral breast for comparison purposes. Exam charges will only be for the ordered exam)
				MG	3D Tomosynthesis Diagnostic Mammogram (77062), Bilateral (Order will be scheduled but only completed upon Radiologist discretion)
25 yrs and Older		Gynecomastia	Diagnostic	MG	3D Tomosynthesis Diagnostic Mammogram (77062), Bilateral
				US	Ultrasound Breast, Limited (76642) (Affected Side(s)). (Order will be scheduled but only completed upon Radiologist discretion)
		Palpable Lump/Mass Nipple Symptoms	Diagnostic	MG	3D Tomosynthesis Diagnostic Mammogram (77062), Bilateral
				US	Ultrasound Breast, Limited (76642) (Affected Side(s)).
30 yrs and older	High Risk for Breast CA (Full personal/family HX needs to be included on the order)		Screening	MG	3D Tomosynthesis (77063), Bilateral